

PANSKURA BANAMALI COLLEGE (AUTONOMOUS)

Dept. of Physical Education & Sports Science [B.P.Ed. & M.P.Ed.]

DAY	P.DAY	CLASS	MORNING ACTIVITY				THEORY CLASSES			EVENING ACTIVITY		MATCH PRACTICE			
			ASSEMBLY	CONDITIONING	CLASS-I	CLASS-II	SOCIAL WORK	CLASS-I	CLASS-II	CLASS-III	ASSEMBLY		CLASS-I	CLASS-II	
MONDAY	A.G	B.P.Ed-I	5.55-6.05AM	6.05-7.00AM	7.00-7.45AM	7.45-8.30AM	8.30-9.15AM	11.00-12.00PM	12.00-1.00PM	1.00-2.00PM	3.55-4.05PM	4.05-4.50PM	4.50-5.35PM	5.40-6.30PM	
		B.P.Ed-III	M.K.S.M	M.K	RUNNING EVENT (SM)	CRICKET(M.K)	M.K.S.C.S, SM	CC-102(RB)	CC-101 (SCS)	CC-103(BNG)	RB,L,K,M,RA	THROWING EVENT- BOYS(L,K,M)/BADMINTON- GIRLS(RB)	THROWING EVENT- GIRL(S,L,K,M)/BADMINTON- BOYS(RB)	RESPECTIVE SPORTS TEACHERS	
		M.P.Ed-I	SWIMMING-BOYS (B)/GYMNASTICS-GIRLS(TR)	SWIMMING-BOYS (B)/GYMNASTICS-GIRLS(TR)	HANDBALL(SCS)	LEZLUM(RA)	MAARCH PASTU(KM)	MPCC-101(SRM)	MPCC-303 (SM)	MPCC-302(MK)	MPCC-102(RB)	MPCC-101(SRM)	MPCC-301 (SRM)	MPCC-301 (SD)	CLASSROOM TEACHING (SRM,AG)
TUESDAY	B.N.G.S.M	B.P.Ed-I	RB, SD, RA	RB	COMBATTIVE SPORTS(SM)	COMBATTIVE SPORTS(SM)	RB, SD, RA	CC-101(SCS)	CC-301(MK)	CC-102 (AG)	AG,M,K,SCS	TEACHING PRACTICE(RA)	NET SET (M,K,RB & AG)	RESPECTIVE SPORTS TEACHERS	
		B.P.Ed-III	RA	RA	COMBATTIVE SPORTS(SM)	COMBATTIVE SPORTS(SM)	RA	CC-303(MK)	EC-301(RA)	CC-303(SCS)	AG,M,K,SCS	TEACHING PRACTICE(RA)	NET SET (M,K,RB & AG)	RESPECTIVE SPORTS TEACHERS	
		M.P.Ed-III	SD	SD	FOOTBALL(SD)	FOOTBALL(SD)	SD	MPCC-302(SRM)	MPCC-101(AG)	MPCC-101(SRM)	MPCC-302(RA)	AG,M,K,SCS	NET SET (M,K,RB & AG)	RESPECTIVE SPORTS TEACHERS	
WEDNESDAY	R.B, L.K.M,SD	B.P.Ed-I	M.K, SCS, RA	M.K	COMBATTIVE SPORTS(SM)	COMBATTIVE SPORTS(SM)	M.K, SCS, AG	CC-302(MK)	CC-303(SCS)	EC-301(RA)	R.A,S,M,M,K	CLASSROOM TEACHING (SRM,AG)	CRICKET (M,K)	RESPECTIVE SPORTS TEACHERS	
		B.P.Ed-III	RA	RA	COMBATTIVE SPORTS(SM)	COMBATTIVE SPORTS(SM)	RA	MPCC-101(SRM)	MPCC-103(AG)	MPCC-102(MK)	R.A,S,M,M,K	CLASSROOM TEACHING (SRM,AG)	CRICKET (M,K)	RESPECTIVE SPORTS TEACHERS	
		M.P.Ed-I	RA	RA	COMBATTIVE SPORTS(SM)	COMBATTIVE SPORTS(SM)	RA	MPCC-302(RA)	MPCC-103(AG)	MPCC-102(MK)	R.A,S,M,M,K	CLASSROOM TEACHING (SRM,AG)	CRICKET (M,K)	RESPECTIVE SPORTS TEACHERS	
THURSDAY	R.A	B.P.Ed-I	SCS, AG	SCS	AEROBICS(SCS)	YOGA(AG)	SCS	CC-101(SCS)	CC-102(RB)	CC-103(SM)	SD,RB,BNG	BADMINTON (RB)/TABLE TENNIS (SCS)	BADMINTON (RB)/TABLE TENNIS (SCS)	RESPECTIVE SPORTS TEACHERS	
		B.P.Ed-III	AG	AG	COMBATTIVE SPORTS(SM)	COMBATTIVE SPORTS(SM)	AG	CC-302(MK)	CC-303(MK)	CC-301(BNG)	SD,RB,BNG	HOCKEY(SD)	TRACK EVENTS(L,K,M)	RESPECTIVE SPORTS TEACHERS	
		M.P.Ed-I	AG	AG	RUNNING EVENT (SM)	RUNNING EVENT (SM)	AG	MPCC-103(AG)	MPCC-101(SD)	MPCC-101(AG)	SD,RB,BNG	TRACK EVENTS(L,K,M)	TRACK EVENTS(L,K,M)	RESPECTIVE SPORTS TEACHERS	
FRIDAY	M.P.Ed-III	B.P.Ed-I	SM, SD	SM	WEIGHT TRAINING- BOYS (M,K)	SWIMMING-GIRLS(B)	SM, SD	EC-102(SM)	EC-101(L,K,M)	CC-101(SCS)	INTRAMURAL ACTIVITY (SD,L,K,M,SM AND OTHER TEACHERS) PAST (L,K,M)	INTRAMURAL ACTIVITY (SD,L,K,M,SM AND OTHER TEACHERS) PAST (L,K,M)	MARCH		
		B.P.Ed-III	SD	SD	COMBATTIVE SPORTS(SM)	COMBATTIVE SPORTS(SM)	SD	CC-302(MK)	CC-301(BNG)	CC-301(L,K,M)	SD,L,K,M,AG	TEACHING PRACTICE(RA)	TEACHING PRACTICE(RA)	RESPECTIVE SPORTS TEACHERS	
		M.P.Ed-I	SD	SD	RUNNING EVENT (SM)	RUNNING EVENT (SM)	SD	MPCC-102(AG)	MPCC-102(RB)	MPCC-101(SD)	SD,L,K,M,AG	CLASSROOM TEACHING (AG)	CLASSROOM TEACHING (AG)	RESPECTIVE SPORTS TEACHERS	
SATURDAY	S.C.S, M.K	B.P.Ed-I	AG, RB	AG	MASS DEMONSTRATION(SD)	MASS DEMONSTRATION(SD)	AG, RB	EC-102(SM)	EC-101(L,K,M)	CC-103(BNG)	AG, RB	BASKETBALL(AG)	KHO-KHO(SM)	RESPECTIVE SPORTS TEACHERS	
		B.P.Ed-III	AG, RB	AG	MASS DEMONSTRATION(SD)	MASS DEMONSTRATION(SD)	AG, RB	EC-301(RB)	CC-301(BNG)	CC-301(L,K,M)	AG, RB	BASKETBALL(AG)	KHO-KHO(SM)	RESPECTIVE SPORTS TEACHERS	
		M.P.Ed-I	AG, RB	AG	MASS DEMONSTRATION(SD)	MASS DEMONSTRATION(SD)	AG, RB	MPCC-103(AG)	MPCC-101(SD)	MPCC-103(RB)	AG, RB	SWIMMING-GIRLS (B)/GYMNASTICS-BOYS(TR)	BADMINTON(RB)	RESPECTIVE SPORTS TEACHERS	

Principal
Panskura Banamali College
(AUTONOMOUS)